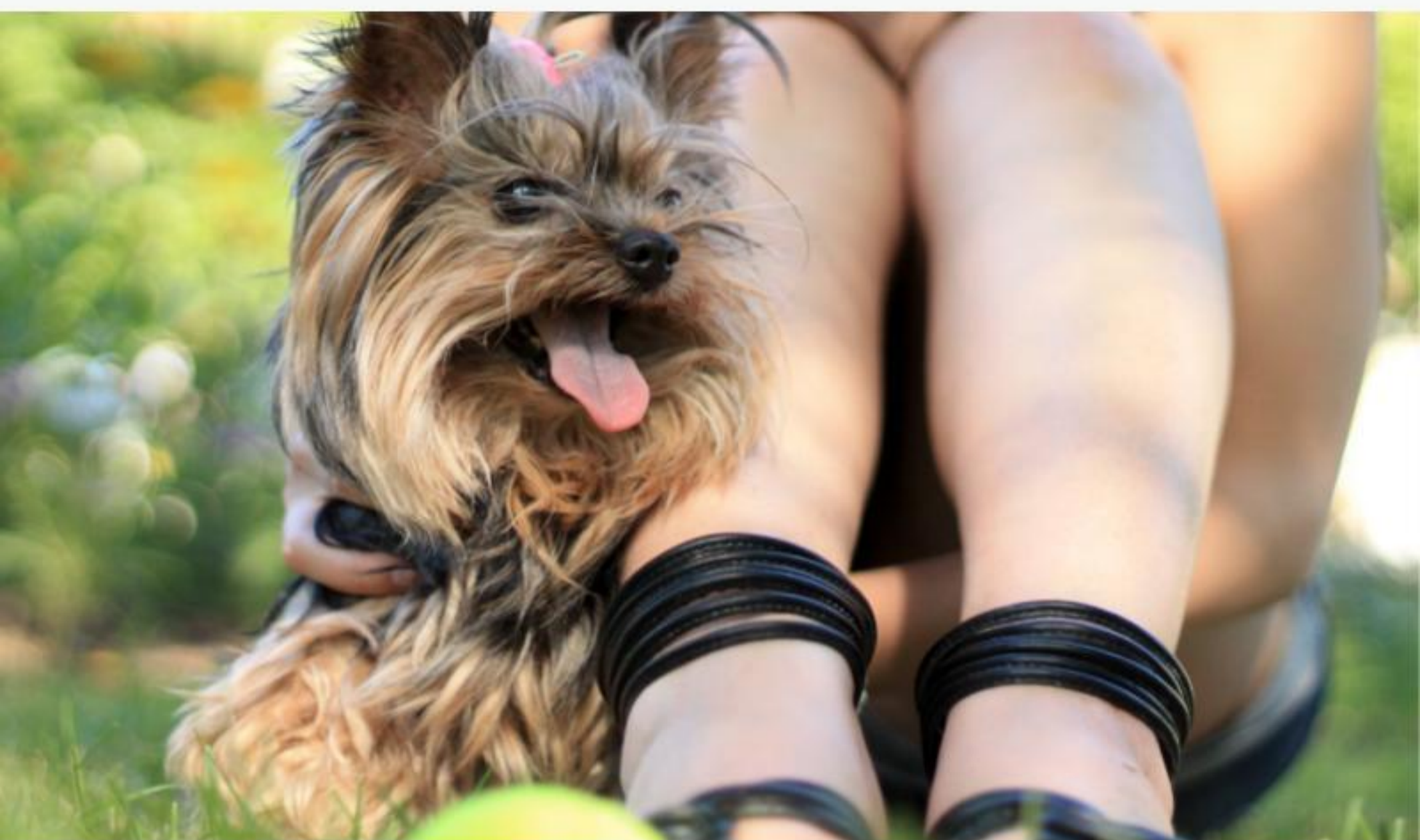


# Animal Assisted Therapy



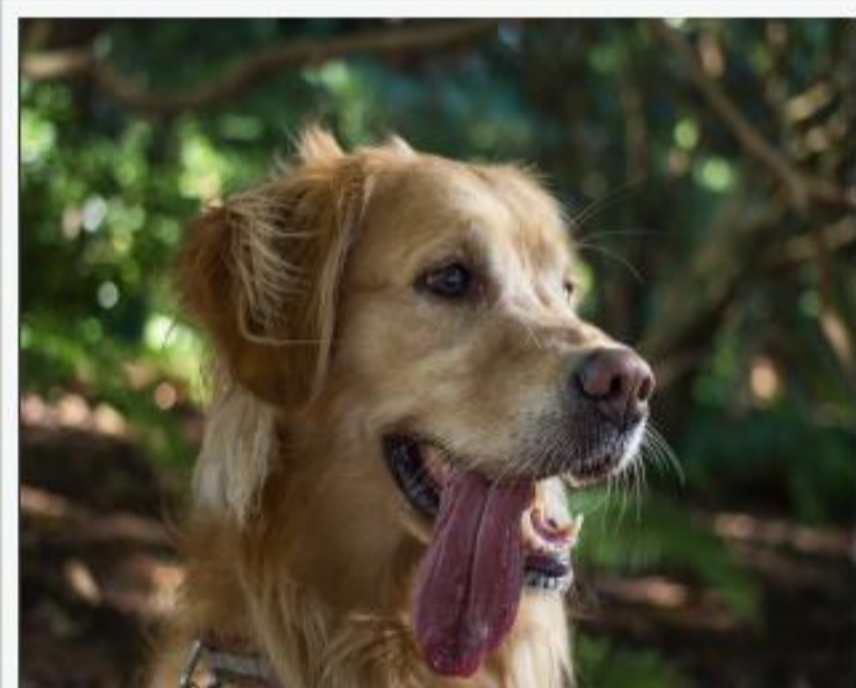
think about it...

How does animal assisted therapy improve the quality of life for elderly patients experiencing symptoms of depression?



Over 13.5% of adults ages 65 and older suffer from depression.

## AAT Benefits & Relief



### DEPRESSION Improvement

Petting animals releases natural hormones in the body linked to overall happier moods.



### STRESS Reduction

Animal interaction can help you relax and decrease your stress level.



### PAIN management

The same hormones that improve mood also work to alleviate pain



### HEALING Improvement

When you are sick animal interaction has even been linked to quicker healing rates.

On average pet owning patients need **7%** less medication